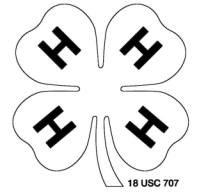


THE VOICE OF 4-H

Vernon County 4-H Family Newsletter



Head



Heart



Hands



Health

Vol. 2014 Issue 296

UW Extension

June

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Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so 10 days before the program activity so that proper arrangements can be made.

An EEO/Affirmative Action Employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and DA. Extending the resources and knowledge of the University of Wisconsin system to the people of Vernon County.



4-H Focuses on.....

- Decision Making
 - Problem Solving
 - Relating to Others
 - Planning and Organizing
 - Learning to Learn
 - Communicating with Others
 - Leading Self and Others
 - Relating to Change
 - Applying Science & Technology
 - Developing Self
- Mental and Physical Health

Life Skills



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4-H Club News



Lucky Clovers— Ally Stillwell

April—On April 7th 2014 at Retreat Sportsman's Club the Lucky Clovers 4H meeting was called to order at 7:19 by President Jessica Bomkamp. The Pledge of Allegiance was led by Presley Stilwell and the 4H pledge was let by David Petersheim. I took roll call and read the secretaries report. Alex moved to accept the secretaries report and Ty seconded it. Rachel talked about following parliamentary procedures. Amy read the treasurers report, Tyler Hannah moved to accept it and Mitchell seconded it. Rachel gave updates from the Federation Meeting and gave dates and deadlines. Anne Marie talked about the upcoming Vet Science Meeting. Old business.... We had a discussion about last months guest speaker. Talked about who went roller skating and discussed how we were going to pay for it. New business.... We will be making May baskets at our next meeting so we discussed what everyone should bring to contribute to them. We also talked about the upcoming Dairy Breakfast and getting people to volunteer to work at it. Jessica did a quilting demonstration, next month will be Brady and Amy doing their demo on pigs. At 8:03 Ryan moved to adjourn the meeting with a second from Rachel Falkers. Our next meeting will be on May 5th.

Enterprise Eagles—Sabrina Servais

April—Our last meeting was held at 12:30 April 6, 2014 at the Chaseburg village park. 31 members were present, and Zach Servais called the meeting to order after a pot luck lunch in the shelter. Jackson Servais and Genevieve Haugen led the pledges. I then gave the secretary's report Zach gave the treasurer's report, both were approved. Then we moved on to old business which was 4-h day at the Capital, and a reminder about our fair booth pictures. We then discussed New business which was t-shirts for new members, the Run walk donation and team our Garden project at our next meeting, and rocket launching. Announcements were, clover bud day, tractor safety sign up, 4-H camp, and shooting sports. The meeting was adjourned at 1:35 and following by bottle rocket launching.

Rainbow Reachers—Addie Hillestad

February—The Rainbow Reachers 4-H club met at the Franklin Town Hall at 6 p.m. on February 2nd, 2014. The meeting was called to order by president Kaitlyn Bringe. Tommy Jones said the Pledge of Allegiance and Ella Fortney said the 4-H Pledge. Secretary Addie Hillestad read the secretary report and Tommy Jones made a motion to accept it, Ella Fortney seconded it, motion carried. Roll call was taken. Those present were: Kaitlyn Bringe, Paula Fanta, Asher Fortney, Ella Fortney, Addie Hillestad, Christen Jones, Jared Jones and Tommy Jones. Treasurers Report was unavailable. Old Business: Mary Jo Bringe was presented her 15 year leader pin and Janet Sanwick was presented her 1st year leader award. New Business: Jones family has March activity. The club voted on whether we want to go bowling at Nordic Lanes or rollerblading at High Roller. The stats were bowling-5 and rollerblading -3. Tommy Jones made a motion to have our meeting while bowling. Addie Hillestad made a motion to pay individually and have treasurer pay for the pizza. Christian Jones seconded the motion. Motion carried. We talked about a brat sale at the Nelson Agri-Center. Jones family offered to call and make a date. Jared made a motion to adjourn the meeting until March 9th—1:00 pm. At Nordic Lanes Bowling Alley, Ella seconded it. Motion carried. **March**—The Rainbow Reachers 4-H club met at Nordic Lanes Bowling Alley at 1:00 p.m. on March 9th, 2014. The meeting was called to order by president Kaitlyn Bringe. Roll call was taken. Those present were: Allyson Burnette, Paula Fanta, Asher Fortney, Ella Fortney, Addie Hillestad, Christine Jones, Jared Jones, Tommy Jones, Cammie Leer, Braden Sanwick, Ben Sherry and Hunter Driese. New Business: Those who are showing pigs at the 2014 fair con contact Tom Title for information if needed. Tom can tag. Meeting was adjourned until April 6th—6:00 p.m. at the Franklin Town Hall, Ella seconded it. Motion carried. After the meeting we bowled and enjoyed pizza and soda that was bought by the club.

April—The Rainbow Reachers 4-H club met at the Franklin Town Hall at 6 o'clock p.m. on April 6th, 2014. The meeting was called to order by president Kaitlyn Bringe. Tommy Jones said the Pledge of Allegiance and Ella Fortney said the 4-H pledge. Secretary Addie Hillestad read the secretary report, no additions or corrections. Roll Call was taken, those present were: Kaitlyn Bringe, Allyson Burnette, Paula Fanta, Asher Fortney, Ella Fortney, Addie Hillestad, Christine Jones, Jared Jones, Tommy Jones, Braden Sanwick, Ben Sherry and Hunter Driese. Treasurer Ben Sherry read the treasurer's report, no additions or corrections. Old Business: None New Business: Discussed if we wanted to offer our help at the 2014 Dairy Breakfast. At the 2014 Rainbow Reachers brat sale each family will bring a case of soda, a baked good (no frosting), and possibly chips. The club will supply the brats and buns. Brat sale will be held at the Agri Center on June 22nd from 10:00 a.m.—2:00 p.m. Cloverbud leader Janet Sanwick handed out eh Vernon County Cloverbud Day form. Those show are showing pigs at the 2014 Fair con contact Tim Title for information if need. Jared Jones made a motion to adjourn the meeting until May 4th-6:00 p.m. at the Franklin Town Hall, Ella seconded it. Motion carried.



JULY 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>CSI: Wildlife Edition</i> 	2	3	4  <i>Office Closed</i>	5
6	7	8 <i>Plant Show—Wautoma</i>	9   <i>L/P Federation Pie & Ice Cream Social</i>	10	11	12 <i>4-H Horse & Pony Project Summer & State Qualifying Horse Show</i> 
13	14	15 <i>Going Green Day Camp</i> 	16	17	18	19
20  <i>Annual Vernon Co. 4-H Shooting Sports Competition</i> 	21	22	23 <i>Upham Woods 4-H Camp</i> 	24 <i>Upham Woods 4-H Camp</i> 	25 <i>Upham Woods 4-H Camp</i> 	26 <i>Ferris Wheel Breakfast</i> 
27 <i>4-H Horse & Pony Project Gymkhana</i> 	28	29 <i>CSI: Wildlife Edition</i> 	30	31 <i>Cloverbud CSI</i> 		



**VERNON COUNTY LEADER/PARENT
FEDERATION ANNUAL
PIE & ICECREAM SOCIAL**



*Wednesday, July 9, 2014
7:00 p.m.*

*Vernon Memorial Healthcare Building
Vernon County Fairgrounds*

*Come join us in celebration of our Vernon County 4-H program!
2014 4-H Trips Vernon County Youth Have Participated in!*



*Space Camp—Huntsville, Alabama—April 24-28
Citizen Washington Focus— Washington D.C.
Dates Range—June 14th—July 13th)
4-H State Youth Conference— Madison, Wi.—June 23-26*



2014 4-H Scholarship Recipients!
Logan Gutenberger, Seas Branch Smithies 4-H Club
Katherine Larson, Springville Superstars 4-H Club
Emil Walleser, Lucky Clovers 4-H Club
William Walleser, Lucky Clovers 4-H Club

Each club is to provide at least one pie and a small door prize!

Honored Guests: Vernon County Ag & Extension Members Kevin Larson, Will Beitlich, Frank Easterday, Jerry Johnson & John Mitchell

Looking for a guest speaker?



Hillary Bark, Summer Assistant, or Colleen Pulvermacher, 4-H Youth Development Educator, will be available this summer to visit 4-H clubs and speak on a wide variety of 4-H educational topics. Leave a message for Hillary or Colleen at 637-5276.



Dear Leader/Parent Federation,

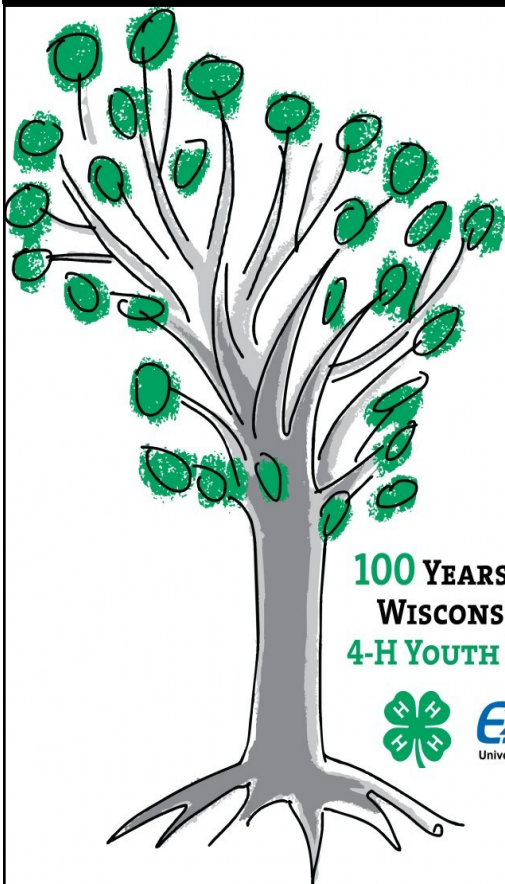


* Thank you for paying for some of the cost of Space Camp. It was a blast! I had tons of fun. I especially liked the Mission, a close second was the Space Shot. I made tons of new friends and met tons of new people. It was much warmer down in Alabama also! Also more green. It was really fund and I hope I get to go next year. Thanks again!

Sincerely,
Jake Sikora



**Congratulations
and best wishes
to all of the
2014 Vernon
County 4-H
Graduating Seniors!**



**100 YEARS OF GROWING
WISCONSIN LEADERS:
4-H YOUTH DEVELOPMENT**



**UW
Extension**
University of Wisconsin-Extension

Vernon County Fairest of the Fair 2014 Official Entry Rules



Entry Deadline: Monday, July 14, 2014 by 4:30 pm to the Vernon County Extension Office, Erlandson Office Building, 318 Fairlane Dr., Suite 392, Viroqua, WI, 54665. No late applications will be accepted.

Contest Date: Saturday, August 2nd, with interviews beginning at approximately 8:00 am. Selection will take place at the Ferris Wheel Pancake Breakfast. Additional details about the event will be sent to the applicants.

Requirements:

- Applicant must be a resident of Vernon County, or the majority of their fair activities take place in Vernon County, and a Wisconsin resident for at least one year prior to application.
- Applicant must be 18 years of age by January 1, 2014 and possess a valid driver's license, as the applicant may be required to travel.
- Applicant must be able to attend the Vernon County Fair, September 10-14, 2014. Applicant gives permission to have their photo published on the Vernon County Fair website, in newspapers, and in the Vernon County Fair official premium list.

Responsibilities:

- Vernon County Fairest of the Fair must be able to represent Vernon County in the Wisconsin Association of Fairs *Fairest of the Fairs* state contest held January 4-7, 2015. Two banquet tickets for the state contest will be provided by the Fair Board.
- The Vernon County Fair Board reserves the right to ask the Fairest representative to step down from their position if their behavior and actions do not portray a positive image for the Vernon County Fair and the county's youth. The Fair Board provides an expense allowance for activities as Fairest of the Fair.

To Apply: Find a sponsor for the contest such as a business, youth organization, or civic organization. The sponsor fee is \$30.00 which covers one breakfast ticket for the sponsor, one ticket for the applicant and contest expenses. Sponsor checks should be written to the Vernon County Ag Society. Complete the entry form and submit to the Vernon County Extension Office. Please include two photos, with name and address written on the back for newspaper use. Photos will be returned to you. The public is welcome to attend the Ferris Wheel Pancake Breakfast on Saturday, August 2nd from 7-11 am with the selection of the 2014 Fairest at approximately 10:00 am. Newly selected Fairest will be asked to attend State Fair Reunion in Milwaukee on Monday, August 4, 2014.

Complete entry information is available at the Vernon County UW-Extension Office.



CSI: Wildlife Edition

The DNR needs your help in solving crimes against wildlife.

It's up to *you* to make sure the perpetrator is caught.

You and your fellow investigators will be escorted from the UW-Extension office to the crime scene to begin your investigation. In order to solve the crimes, you will use the very same tools, techniques and methods that are used by forensic science professionals. Critical thinking, focus and teamwork will be essential for making sure the perpetrator is brought to justice. Wisconsin DNR personnel will provide guidance and support for your investigation. This will be a hands-on, realistic and exciting experience!

Three sessions will be offered, each with a separate location and crime to solve:

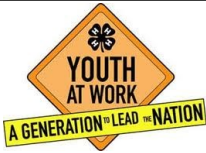
July 1st- 9:15-11:30 AM (Deadline: June 12)

July 9th- 1:15-3:30 PM (Deadline: June 20)

July 29th- 8:45-11:00 PM (this session is open to 10th grade and above, deadline: July 11)

Registration for this event is open to 4-H youth grades 8 and up. Dress appropriately for the current weather conditions as this event will be held rain or shine. Also, dress appropriately for being in wooded areas. Closed toe shoes are absolutely required. Transportation will be provided to and from the crime scene; meet at the UW-Extension office at the start times listed above. Registration fee is \$5. Prompt registrations will guarantee a t-shirt!

*Maximum of 10 youth per session, so register today!
Registration forms are available at UW-Extension Office,
or via email ext.intern@vernoncounty.org.*



*Yay – you're a
4-H club officer!
Yikes – now what?!*

The other officers don't show up and just blow off the club meeting, the members say the meetings are lame and the leader wants to take over and, well, this leadership thing seems like a drag! Come to this session to learn (and practice) leadership and facilitation skills to get your club humming again and your confidence soaring!

Friday, June 27th

10:00 a.m.—2:00 p.m.

Kickapoo Valley Reserve

Lunch and snacks will be provided!

Bring your hiking/walking shoes for an outdoor adventure after lunch!

RSVP by June 20th

UW Extension Office 637-5276

cdaniels@vernoncounty.org

Minimum attendance of 12 required



Project News 4-H Clothing Revue Reminder!

The 2014 Clothing Revue date is **Monday, June, 16th**. Registration is at **6 p.m. sharp**, Viroqua Church of Christ, 825 Nelson Parkway, Viroqua. **Leaders and parents**, we will need help with registration, writing judge's comments and helping line up for the style show. **Entry deadline extended to, Wednesday, June 4th!**



Shooting Sports Reminders!

**Required Annual Orientation:
Sunday, June 8th, 2014—6:00 p.m.
Badgerland Pheasant Farm**

Practice Shoots:

6:00pm: June 15th, July 13th & Aug. 10th

Other Dates:

Sun., July 20—18th Annual 4-H Shoot

**Sun., Aug. 24th—Vernon Co. Fair Premium Shoot
(Do not forget to enter this event on your Vernon County Fair entry form!)**

• **Crossbows will not be allowed**

Please Note: All practices, 4-H competitions & the Vernon County Fair Premium Shoot will be held at the Coon Valley Conservation Club.



**18th ANNUAL 4-H SHOOTING SPORTS COMPETITION
SUNDAY, JULY 20, 2014**



Sponsored by Vernon County 4-H Shooting Sports

(Vernon, Monroe & Richland Counties)

Coon Valley Conservation Club, S1005 Knudson Lane, Coon Valley

Directions: 2 miles west of Coon Valley on Hwy 14 - Turn left on Hwy 162 –

Drive 2 ½ miles – turn left on Knudson Lane. Look for signs!

PRE-REGISTRATION ENTRY FEE - \$5 or \$15.00 For Family Over 3

Must be 4-H Shooting Sports Project Member

PRE-REGISTRATION DEADLINE: July 15, 2014

(Registration Cost Day of the Shoot - \$8.00)

- Air Rifles - Must furnish own guns and ammo (Eye/Ear Protection Required/No Slings or Supports)
- Archery - Field points only. Must furnish own bow and arrows (No Crossbows)
- Shot Gun - Must furnish own guns and ammo. (Eye/Ear Protection Required)
- 22 Rifle - Must furnish own firearm and ammunition (Eye/Ear Protection Required/No Slings or Supports)

*** * Registration begins at 11:30 a.m. * ***

Competition to begin at Noon

**MUST HAVE HUNTER SAFETY CERTIFICATION & BE 12 YEARS OF AGE
BY DAY OF COMPETITION TO COMPETE IN SHOT GUN AND .22 EVENTS**

Spectators Must Wear Ear Protection During Shooting Events

Snacks will be served on grounds - Hot dogs, Chips, Candy Bars, Pop

All entrants must be enrolled and received instructions in Shooting Sports in their club or county

Medals for 1st, 2nd and 3rd. Participation ribbons for all others.

DOOR PRIZES AT END OF DAY!

- (1) 22-20 Gauge Shot Gun Combination
- (2) Bow Gift Certificate
- (3) MANY smaller door prizes!

COMPETITION

- *All Around Top Shooter—Plaques
- *Team Trophy—4 members per team
1 in each event

NAME _____ **PHONE#** _____ **GRADE** _____

ADDRESS _____ **CLUB** _____

SPORT _____ **COUNTY** _____

HOLD HARMLESS AGREEMENT

The undersigned on behalf of him/herself, his/her heirs, successors, assigns, plus the undersigned parent, parents, or legal guardian of _____ hereby specifically agrees to hold Vernon County, Wisconsin, its agents, representatives, volunteers, employees and elected officials harmless from any and all liability for injury, death, or property damage which may occur as a direct or indirect result of participation in the Vernon County 4-H Shooting Sports Project and Activities. This release is binding on the participant, his/her heirs, successors and assigns and if the participant is a minor, this release is binding on the participant, parent, parents, or legal guardian and heirs, successor or assigns of the same.

Dated this _____ day of _____, 2014

Parent/Guardian Signature

**Make check payable to Vernon County 4-H Shooting Sports and mail registration form to:
Vernon County Extension Office, 318 Fairlane Dr., Suite 392 - Viroqua WI 54665**



EEO/Affirmative Action employer, UW-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. Please make request for reasonable accommodations to ensure equal access to educational programs as early as possible preceding the scheduled program, service or activity.

Animal Projects



2014 Vernon County 4-H Dairy Judging

Thank you to everyone who has joined us for our first few dairy judging practices this year! We have several more left and welcome everyone who is interested to join us for the following workouts and our area contest.

Wednesday, June 4: Norse Star Jerseys | S1175 Lovaas Ridge Rd, Westby, WI

Tuesday, June 10: Peterson Jerseys | S3667 Peterson Ln, Viroqua, WI

Wednesday, June 18: TBD

Tuesday, June 24: Kent and Anna Wendorf | E4210 State Hwy 56, Viroqua, WI

Monday, June 30: Area Animal Science Days Contest | Crawford County Fairgrounds

Our practices start each week at 7:30pm and are open to all 4-H youth. We ask that you bring a pencil and either a notebook or paper and a clipboard. If you have any questions or would like additional information, please feel free to contact Chrissy Meyer at 608-512-9140 or chrissymeyer1@gmail.com.

We look forward to seeing you all at our workouts!

Poultry Project Reminder



If you plan to show birds at the fair, you need to have all birds from last year and before tested for Pollorum Typhoid. If you had no birds on your property and purchased new birds this year, **from a NPIP certified flock**, you must mail a copy of your NPIP certificate, along with an Associate Flock Application. This form can be downloaded from the Wisconsin Department of Agriculture and Consumer Protection Poultry Division website or forms can be picked at the Extension Office. This form should be mailed no later than **Sunday, August 10th** in order to receive an Associate Flock Certificate. **If you purchased birds from a non-certified NPIP flock, the new birds will need to be tested once they are over four months of age.** The fair will be here before we know it, so if you need help with testing please contact me **immediately** to schedule a time for this to take place. The **deadline** to schedule testing is **Sunday, August 10th**. **You may also contact me should you have any other poultry related questions.**

*Betty Nigh, Vernon Co. Poultry Project Leader
689-2633 or 606-3353*

4-H Horses

Horse and Pony Project



Meeting Minutes-May 4, 2014

Updated 2014 Vernon County 4-H Horse and Pony Project Activities

June 7th-8th	—	Clinic @ Fairgrounds	
June 12th	—	Drill Team, 6:00p.m.	@ Fairgrounds
June 14th	—	Trail Clinic with Pat	Stevenson @ Fairgrounds
June 21st	—	Gymkhana, 3:00p.m. - @	Wild West Grounds
June 28th	—	Trail Ride, 10:00a.m. @	Kickapoo Reserve
July 12th	—	State Qualifying Show @	Fairgrounds
July 27th	—	Gymkhana- 3:00p.m. @	Retreat
Aug. 9th	—	Trail Clinic with Pat	Stevenson @Fairgrounds
Aug. 15-17th	—	Wild West Days Fundraiser	
Aug. 30th	—	Practice Show, 10:00a.m.@	Fairgrounds
Oct. 4th	—	Trail Ride, 10:00a.m. @	Wildcat Mountain State Park



Vernon County Horse & Pony Project
Saturday, June 14, 2014
Saturday, August 9, 2014
Begins at 9:00 a.m. sharp
Vernon County Fairgrounds
Trail Clinic Registration Form
Instructor: Judge Pat Stevenson

Registration Deadline—Fridays, June 6 & August 1
 Individual pre-registration form for *each* participant is needed. This is for 4-H Vernon Co. Horse & Pony Project members only. There is no charge for this event, but donations to the Vernon County Horse & Pony Project would be appreciated! Please mail your completed form (s) to: UW-Extension Office, 318 Fairlane Dr., Suite 392, Viroqua, WI 54665.

***NOTE : MOUNTED PARTICIPANTS- COGGINS PAPERS ARE REQUIRED* BOTH THE ORIGINAL AND COPY FOR OUR FILES**

The registered clinic participant is the only person allowed to ride their animal while at the clinic. Boots with a 1/2" cutout heel and ASTM/SEI approved helmet, buckled, are mandatory while mounted.

(Please print or write legibly)

Clinic Participant Name: _____

Will be a mounted participant? **Circle one** Yes No

Circle which clinic (s) you will be participating in:

June 6th August 1st

Address: _____

Phone: _____ Email _____

I, _____
 (Participant), acknowledge that I am voluntarily participating in this event either as a Vernon County 4-H Horse & Pony project member. I am aware that the above described activities may be hazardous and agree to assume any and all risks of bodily injury, death or property damage and do not hold the Vernon County 4-H Horse & Pony Project responsible.

 Youth Signature Parent/Guardian Signature

UW Extension EEO/Affirmative Action employer, UW-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. Please make request for reasonable accommodations to ensure equal access to educational programs as early as possible preceding the scheduled program, service or activity.



Vernon County 4-H Horse & Pony Project Trail Ride
Saturday, June 28, 2014

Kickapoo Valley Reserve, La Farge
 Star Valley Trail (aka The Willows)
 Check-in 10:00 a.m. – Ride out 11:00 a.m.
 Cost: Members \$2.00—Non 4-H Members \$4.00
 (This does not cover the Reserve fee)

Open to Vernon County 4-H
 & Non – 4-H Members & Friends
 Potluck—Bring Dish to Pass
 Project Will Provide Hot Dogs,
 Beverages & Paper Products

All Riding participants **must**: Wear helmet when mounted (adults included) & boots—provide current coggins (**original & copy**). Parent/Guardian **must** accompany youth.
For further information contact: Gail Bolstad—(608)788-8806 or UW-Extension Office 637-5276

Vernon County 4-H Horse & Pony Project Trail Ride Registration Form
Registration Deadline—Friday, June 27th, 2014

(Must complete individual registration form for *each* participant. May send one check for multiple riders.)

Make checks payable to Vernon Co. Horse & Pony Project and mail to: Vernon Co. UW-Extension Office, 318 Fairlane Dr., Suite 392, Viroqua, WI 54665.

I, _____
 (Participant), acknowledge that I am voluntarily participating in this event either as a Vernon County 4-H Horse & Pony project member and or a non 4-H Member. I am aware that the above described activities may be hazardous and agree to assume any and all risks of bodily injury, death or property damage and do not hold the Vernon County 4-H Horse & Pony Project responsible.

Print Name: _____

 Youth Signature Parent/Guardian Signature
 Phone: _____ Email _____
 4-H Member? Yes No If no what 4-H member are you a guest of? _____

UW Extension EEO/Affirmative Action employer, UW-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. Please make request for reasonable accommodations to ensure equal access to educational programs as early as possible preceding the scheduled program, service or activity.



2014 VERNON COUNTY SUMMER 4-H HORSE SHOW (STATE QUALIFYING)

Vernon County Fairgrounds - Viroqua, Wisconsin

Judge: Pat Stevenson



SATURDAY, JULY 12, 2014

Registration will begin at 8:00 A.M.

Show starts promptly at 9:00 A.M.

\$2.00/class or \$15.00 All Day Single or \$20.00 All Day Family

SHOW IS OPEN TO ALL VERNON COUNTY 4-H HORSE & PONY PROJECT MEMBERS!

Classes:

1. Open Pony @ Halter
2. Open Horse @ Halter
3. Pony Western Showmanship (grades 3-7)
4. Pony Western Showmanship (grades 8-13)
5. Horse Western Showmanship (grades 3-7)
6. Horse Western Showmanship (grades 8-13)
7. Pony Hunt Showmanship (grades 3-7)
8. Pony Hunt Showmanship (grades 8-13)
9. Horse Hunt Showmanship (grades 3-7)
10. Horse Hunt Showmanship (grades 8-13)
11. Horseless Horse Showmanship (grades 3-7)
12. Horseless Horse Showmanship (grades 8-13)
13. Open Bareback (walk/trot)
14. Horseless Horse Walk/Trot Pleasure (grades 3-7)
15. Horseless Horse Walk/Trot Pleasure (grades 8-13)
16. Horseless Horse Walk/Trot Horsemanship (grades 3-7)
17. Horseless Horse Walk/Trot Horsemanship (grades 8-13)
18. *Hunt/Western Walk/Trot-Beginner
19. Driving Class
20. Pony Hunt Equitation (grades 3-7)
21. Pony Hunt Equitation (grades 8-13)
22. Pony Hunt Pleasure (grades 3-7)
23. Pony Hunt Pleasure (grades 8-13)
24. Horse Hunt Equitation (grades 3-7)
25. Horse Hunt Equitation (grades 8-13)
26. Horse Hunt Pleasure (grades 3-7)
27. Horse Hunt Pleasure (grades 8-13)
28. Pony Stock Seat Equitation (grades 3-7)
29. Pony Stock Seat Equitation (grades 8-13)
30. Pony Western Pleasure (grades 3-7)
31. Pony Western Pleasure (grades 8-13)
32. Horse Stock Seat Equitation (grades 3-7)
33. Horse Stock Seat Equitation (grades 8-13)
34. Horse Western Pleasure (grades 3-7)
35. Horse Western Pleasure (grades 8-13)
36. Open Western Riding
37. Open Trail
38. Open Egg & Spoon

COGGINS PAPERS REQUIRED

BOTH THE ORIGINAL AND COPY FOR OUR FILES

The 4-H exhibitor is the only person allowed to ride their animal while at the horseshow.

No one under grade 3 is allowed to handle or ride an animal at any time. Boots with a 1/2" cutout heel and ASTM/SEI approved helmet, buckled, are mandatory while mounted.

NO EXCEPTIONS!

Required Horse & Pony Project Safety Checks Will Be Performed That Day!

Note:

*If entered in walk trot may not enter canter classes. Rule excludes the bareback class.

State Expo Entry Rules:

Must be a 4-H member in good standing and be in grades 6-13. The horse/ pony must be carried as a 4-H project . The animal with which you qualified is the one you must use. One expo class entry MUST be a class in which the exhibitor won a blue ribbon at the county qualifying show. Qualifying classes are showmanship; equitation or driving reinsmanship; pleasure riding, or pleasure driving; trail, obstacle driving, or western riding. Bareback, halter, costume, Gymkhana or other game classes are not qualifying classes. The remaining five classes may be selected in any combination. Further state 4-H entry information is available at the Extension Office or on the website:

<http://www.uwex.edu/ces/4h/onlinpro/HorseHandbook.cfm>



Lunch is on your own!

For more information contact:

Gail Bolstad – (608)788-8806

Extension Office - (608) 637-5276

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School's out for the summer, which means it's time to mark your calendars for some upcoming programs and events! We've been working hard to plan some fun and educational programs for you to enjoy this summer. Check out this page and throughout the newsletter for some exciting new programs. We hope you can join us!

July 1, 9, 29 — CSI: Wildlife Edition Help the DNR solve crimes against wildlife! For youth 8th grade and up. *See page 6 of this newsletter for more information!*

July 15—Going Green Day Camp It's important to care for our environment, so come to this camp to learn how! We will be doing activities related to recycling, the environment and gardening. We will even be making a useful craft out of recycled items! Registration is open to youth in grades K through 4th. Instead of a registration fee, do some "personal recycling" and bring a clothing or school item in good condition that can be shared with those in need! *See page 12 for of this newsletter for details and registration form.*



July 31—Cloverbud CSI Have you ever watched Crime Scene Investigation and have wanted to solve crimes yourself? Here's your chance! Someone has stolen the grand champion fair cookies and it's up to us to find out who! Registration is open to Cloverbuds (4-H members K-2nd grade as of January 1st). *See page 12 of this newsletter for details and registration form.*

August 14— Personal Safety: It's a Girl Thing Feel empowered, confident, and safe! Learn all about personal safety methods and techniques with instructors from the Wisconsin DNR and Vernon County Sheriff's Department. Registration open to youth 6th grade and up. *See the July newsletter for more information.*

August 15—Canoeing the Kickapoo Join us for a fun family outing on the river! We will be meeting at Mr. Duck's in Ontario at 10:30 AM for a 4 hour canoe trip. Cloverbuds must be accompanied by a parent/guardian. Snacks and beverages will be provided, but bring a sack lunch to enjoy on the river. *See the July newsletter for more information.*

Volunteer Opportunity

Youth leaders and adult volunteers: Activity leaders and chaperones are being sought for the programs listed above, (except for Wildlife CSI). Duties would include monitoring youth, assisting with activities, and maintaining a fun, positive environment. Contact Hillary at the Extension Office if you have any questions or are interested in volunteering for any of the activities.

**Questions? Contact Hillary Bark, UW Extension Summer Assistant,
at (608) 637-5276 or via email ext.intern@vernoncounty.org**



Registration Form Going Green Day Camp and Cloverbud CSI

I am registering for:

Going Green Day Camp, July 15th (Grades K-4)

Eckhart Park Shelter, 9-11 AM

Registration Deadline: July 8th

Cost: one item to be donated to those in need

Cloverbud CSI, July 31st (Grades K-2)

Eckhart Park Shelter, 9-11 AM

Registration Deadline: July 22nd

Cost: \$1 to be paid that day

Name: _____ Grade: _____ Club: _____

Email: _____ Phone: _____

Parent Attending? Yes No If Yes, Name of Parent Attending: _____

Parent/Guardian Contact During Event: Name _____ Phone _____

Special Accommodations and/or Dietary Needs: _____

Parent Signature: _____

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2014 Wisconsin State
4-H Dog Show

August 22-24, 2014

Jefferson County Fair Park

Exhibitor Grades will be as of
January 1, 2014

**DEADLINE: ENTRIES MUST BE POST-
MARKED BY June 30, 2014 OR BEFORE.
NO LATE ENTRIES WILL BE ACCEPTED.**

*Find Jefferson County 4-H Dog Project on
Facebook for the latest updates on the
2014 State 4-H Dog Show!*



Submit entry fees with entry

<u>Amount</u>	<u>Entry Class</u>
\$ 12.00 per entry	Obedience Class
\$ 12.00 per entry	Showmanship Class
\$ 12.00 per entry	Rally
\$ 7.00 per entry	Alumni Obedience and Showmanship
\$ 7.00 per entry	Brace - Includes two dogs/one handler
\$ 7.00 per person	Team Obedience (Team consists of four members)
\$ 7.00 per person	Dog Quiz Bowl Team (Four members/one alternate)
\$ 5.00 per entry	Poster Entry
\$ 5.00 per entry	Photography Entry
\$ 5.00 per entry	Drawing/Painting Entry
\$ 5.00 per entry	Art/Craft Entry
\$ 30.00 per county	Kennel/grooming/meeting space

How to Enter: Complete the appropriate entry forms, which are available at your Extension Office and your Vernon County Dog Project Leader, Jenni Miller. No entries will be accepted without the 4-H Youth Development Agent and/or the leader's signatures. These signatures verify that the vaccination certificates are up-to-date and dogs have exhibited acceptable behavior. Note: Entry blanks in each county shall be distributed by the leader or a 4-H Youth Development Agent in charge of the dog project. All entries from a county shall be submitted in one mailing from that county office or leader and one check.

State 4-H Plant Science Day – a fun way to learn about Horticulture Science!!!

Tuesday July 8th, 2014 Waushara County Fairgrounds, Wautoma, WI Plan now to participate in the State 4-H Plant Science Day event to be held July 8th at the Waushara County Fairgrounds in Wautoma. Youth in grades 3-13 can test their knowledge about plants while learning how to judge and identify a wide variety of plant specimens. Youth can also compete in photography and speaking contests. See the Horticulture Contest Study Manual (2002) which is available from your County Extension Office or online from the National Junior Horticultural Association at <http://www.njha.org/>. For more details call Chuck Prissel at 715-485-8600.

The contest for participants will be held in the morning and the educational workshops in the afternoon concluding with contest results.

The event begins with registration at 9:30 a.m. and ends at 2:00 p.m. Registration is \$10.00, which includes all materials, handouts, and lunch. Walk-ins are welcome but pre-registration is preferred for lunch and material count. Send no money now, but fill out the registration form below and mail to:

State 4-H Plant Science Day, Polk County UW-Extension Office, 100 Polk Plaza, Suite 190, Balsam Lake, WI 54810

Registration Deadline is June 20, 2014



Sweet Deals for Wisconsin State Fair

Get into something good!

Check out several exciting deals and discounts on sale now. Fairgoers who plan ahead and purchase these deals before the deadlines can save big with \$6 Fair Tickets, \$22 SpinCity 44 Ticket Sheets, \$15 Cream Puff 6-Packs, \$3 State Fair Bargain Books and several other great ticket package. Go to <http://www.wistatefair.com> for further information.



**WISCONSIN STATE
4-H HUNTER &
DRESSAGE SHOW
JUNE 27-29, 2014
SHEBOYGAN
COUNTY
FAIRGROUNDS,
PLYMOUTH, WI**

**OVER FENCES CLINIC - JUNE 27 & 28
DRESSAGE SHOW – JUNE 28
FLAT & PLEASURE CLASSES – JUNE 28, SAT
EVENING
DRESSAGE CLINIC – JUNE 29
OVER FENCES SHOW – JUNE 29**

SHOW MANAGERS: Sally and Ernie Anderson, 920-982-3169 (sande@athenet.net)
Lori Schuessler, 920-946-4697 (scottlori8@yahoo.com)
Jackie Mischka, 920-450-5463 (jmischka@alumni.uwosh.edu)

SHOW ENTRIES: Pre-entry ONLY, POSTMARKED by June 7TH

\$10.00 per class
\$30.00 Stall Fee (stalls are not required – you may tie to trailer)
\$30.00 Tack Stall (if none are available your money will be refunded)
\$15.00 Clinic Fee / Group Jump, Dressage
\$25.00 Individual Dressage Lesson

MOTELS: Stafford Inn 920-893-0552
Americann 920-892-2669
Plymouth Inn 920-893-5623
Crest Motel 920-893-6111
Baymont Motel 920-893-6781

Call early – Elkhart Lake Races conflict with us.

**CAMPING: Limited Electrical & Water Hookups
\$20.00 night
*Pay Office when you hook up! 1st come 1st served
Tents are allowed – NO OPEN FIRES
Coin Showers are now available \$2.00**

**STALLS ARE AVAILABLE AFTER 9 A.M.
FRIDAY**

***Complete entry information
is available at the Extension Office.***

Want to get healthier, happier, and smarter?
Try adding a daily dose of nature to your routine!

Starting June 1st, the Wisconsin Green Building Alliance is challenging people across Wisconsin to spend 30 minutes a day in nature for 30 days.

Why participate in the Challenge?

Nature is an affordable, accessible, and equitable form of preventative and restorative medicine. Here are a few benefits:

- A few minutes of exposure to nature can immediately reduce stress levels, blood pressure and muscle tension.
- Spending an hour in nature can improve memory performance and attention span by 20%, and spending four nature-filled days away from electronic devices can increase your creativity by 50%.
- Natural views at work result in increased job satisfaction, better concentration, decreased mental fatigue and lower stress levels.

Plants in a workplace can reduce feelings of anger, anxiety and fatigue by about 40% and stress levels by 50% over three months.

Getting in touch with the outdoors has another great benefit: those who know and love nature work harder to protect it. WGBA wants to create a more sustainable and regenerative built environment.

The built environment affects everyone – it's all around us. We envision Wisconsin as a place where all people live, work, and build sustainable because where we live, learn, and labor matters.

Learn more and register at <http://wgba.shuttlepod.org/challenge>

Chocolate Berry Smoothie

- **Servings:** 2
- **Prep time:** 5 mins
- **Total time:** 5 mins
- **Created by:** Midwest Dairy Association



Ingredients

- 1¼ cups fat-free chocolate milk
- 1 cup frozen mixed berries without sugar (blackberries, blueberries and raspberries)
- 1 container (5.3 ounces) fat-free mixed berry Greek yogurt

Preparation

1. Combine chocolate milk, frozen berries, and yogurt in a blender. Blend until creamy. Serve immediately



Nutritional Facts Per Serving

- **Calories:** 200
- **Total Fat:** 0g
- **Saturated fat:** 0g
- **Cholesterol:** 5mg
- **Sodium:** 150mg
- **Carbohydrates:** 37g
- **Dietary Fiber:** 3g
- **Protein:** 12g
- **Calcium:** 30% Daily Value

Vernon County Dairy Breakfast

Hosted by NICKELOTTI FAMILY FARMS



Saturday, June 7, 2014

7:00am-11:00am

(Rain or Shine)

Adults: \$6

Children 10 & under \$2

All you can eat:

Pancakes, Syrup, Sausage, Eggs,
Cheese, Milk, Juice and Coffee

Plus:

Ice Cream, a Petting Zoo,
Live Music from Band DDT,
and much more!

Parking:

Romance, Genoa Park and
Plenty on Farm

Address:

S4478 Curti Road
Genoa, WI 54632



Contact:

Kevin Larson- (608) 606-0984
Steve Nickelotti- (608) 317-6660

DAY	DATE	ACTIVITY	TIME	LOCATION
Sunday	June 1	Vernon County Dairy Managerial Agreement Forms—Deadline		UW-Extension Office
Sunday	June 1	4-H Project Enrollment Deadline		
Sunday	June 1	Leader/Parent Federation Meeting	7:00 p.m.	UW-Extension Office
Monday	June 2	Dog Obedience Class— With Dogs	6:00 p.m.	Vernon County Fairgrounds
Monday	June 2	Area Animal Science Days— Registration Deadline	4:30 p.m.	Crawford County UW— Extension Office
Monday	June 2	4-H Clothing Revue Entry Deadline	4:30 p.m.	UW-Extension Office
Saturday	June 7	Vernon County Dairy Breakfast	7:00 a.m.— 11:00 a.m	Nickelotti Family Farms, Genoa
Sunday	June 8	Mandatory Shooting Sports Orientation	5:30 p.m.	Badgerland Pheasant Farm, Westby
Saturday— Sunday	June 7-8	Vernon County Horse & Pony Project Clinic/Camp/Show		Vernon County Fairgrounds
Wednesday— Thursday	June 11-12	Camp Counselor Training		Boaz
Monday	June 9	4-H Upham Camp Reg—Due	4:30 p.m.	UW-Extension Office
Thursday	June 12	Horse & Pony Project Drill Team Practice	6:00 p.m.	Vernon County Fairgrounds
Friday	June 13	Leader Retreat RSVP Deadline	4:30 p.m.	UW-Extension Office
Saturday	June 14	Horse & Pony Project Trail Clinic	9:00 a.m.	Vernon County Fairgrounds
Saturday— Sunday	June 14-22	CWF Week #3		National Conference Center, Washington DC
Sunday	June 15	4-H Shooting Sports Practice Shoot	6:00 p.m.	Coon Valley Conservation Club
Monday	June 16	4-H Clothing Revue	6:00 p.m.	Viroqua Church of Christ, Viroqua
Thursday	June 19	Leader Retreat	10:00-2:00 p.m.	UW-Extension, 1st Floor Conference Rm
Friday	June 20	Newsletter Article Deadline	4:30 p.m.	UW-Extension Office
Saturday	June 21	Horse & Pony Project Gymkhana	3:00 p.m.	Wild West Days Grounds, Viroqua
Monday—Wed	June 23-25	Tractor Safety Program	8:30 a.m.— 4:30 p.m.	Vernon County Fairgrounds
Saturday— Sunday	June 21-29	CWF Week #4		National Conference Center, Washington DC
Monday— Thursday	June 23-26	4-H State Youth Conference		Madison
Saturday	June 28	Horse & Pony Project Trail Ride	10:00 a.m.	Kickapoo Valley Reserve
Monday	June 30	Area Animal Science Days		Crawford County

UW-Extension Office Vernon County
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Viroqua WI 54665
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