Vernon County Agriculture Educator Ashley Olson invites producers to watch and listen to the next webinar about knowing your cost of production and dairy outlook on July 17th at noon. You can log onto the webinars at your home computer or you can come to the Vernon County UW-Extension Office to view the webinar with Ashley located at 318 Fairlane Dr. Suite 392 in the Erlandson Building, 2nd Floor Conference Room. If you have questions please call the office at 637-5276 or email **ashley.olson@ces.uwex.edu**. RSVP’s appreciated but not required.

**Three ISU Extension and Outreach webinars to be held in July**

AMES, Iowa – Farming is one of the most stressful occupations in the United States. This is particularly true for dairy farmers as they are experiencing an extended period of low milk prices.

To help dairy farmers deal with stress, Iowa State University Extension and Outreach will host a series of three webinars that discuss how to recognize the signs of stress, how to deal with dairy farm families experiencing stress, analyzing a dairy for profits, the profitability of various dairy systems and what FINBIN says about production costs.

The webinars will be held at 12 p.m. on July 10, 17 and 24 and will be conducted by extension specialists from ISU Extension and Outreach, the University of Wisconsin, University of Illinois and University of Minnesota. ISU Extension and Outreach dairy specialists Larry Tranel, Fred Hall and Jenn Bentley will present during the webinars, as well as John Shutske, extension specialist with the University of Wisconsin, Jim Salfer, extension dairy specialist with the University of Minnesota, and Phil Cardoso, extension dairy specialist with the University of Illinois.

The topics discussed in the webinars are:

* July 10 – Recognizing and Managing Stress in Dairy Farmers
* July 17 – Knowing your cost of production and Dairy Outlook
* July 24 – Making Production Decisions During Challenging Times

To join the webinars, log onto <https://connect.extension.iastate.edu/isuedairy>. For more information contact Tranel at [tranel@iastate.edu](mailto:tranel@iastate.edu) or 563-583-6496, Bentley at [jbentley@iastate.edu](mailto:jbentley@iastate.edu) or 563-382-2949 or Hall at [fredhall@iastate.edu](mailto:fredhall@iastate.edu) or 712-737-4230.

The webinars are sponsored by ISU Extension and Outreach, University of Minnesota Extension, University of Illinois Extension and University of Wisconsin Extension.